



November is California Lions Project Care **Diabetes** Service Month Lions

Service Project Ideas

November is the perfect time for California Lions and Leos to raise awareness, encourage prevention, and support people living with diabetes. Clubs can make an impact through simple projects that promote education, healthy choices, early intervention, and access to helpful resources.

Diabetes Service Project Ideas

- **Diabetes Foot Care Project** — Help provide essential foot-care supplies and education for people living with diabetes. Partner with local healthcare providers, clinics, shelters, senior programs, or community organizations to reach those most in need.
- **Host a Diabetes Awareness Event** — Set up an information table at a community event, library, senior center, school, or health fair and share diabetes prevention and wellness resources.
- **Organize a Diabetes Screening Event** — Partner with qualified healthcare professionals or local health organizations to offer diabetes risk assessments or screenings.
- **Create Foot Care Kits** — Assemble practical foot-care and wellness kits for distribution through local clinics, shelters, senior programs, or organizations serving vulnerable populations.
- **Partner for Greater Impact** — Invite healthcare professionals, pharmacies, senior centers, schools, gyms, community organizations, and local businesses to work alongside your Lions.

- **Healthy Food Education** — Partner with a dietitian, healthcare professional, food bank, or community organization to provide healthy eating education, cooking demonstrations, or diabetes-friendly food resources.
- **Support Youth & Families** — Partner with organizations serving children and families affected by diabetes to provide care packages, activity kits, family support, or other needed resources.
- **Promote the Signs & Risks** — Use your club's social media, newsletter, and community partnerships to share information about diabetes risk factors, prevention, and the importance of regular medical care.
- **Walk or Move for Diabetes** — Organize a community walk, hike, dance, chair exercise, or other **Move Be-Cause** activity that promotes healthy movement and diabetes awareness.



Project Care Tip

- Participate and invite your family, friends, and community to join the **California Lions Move Be-Cause** event!
- Visit the event page, choose the cause that matters to you, and move your way—walk, roll, run, ride, or cheer others on. **Move with purpose. Move Be-Cause.**
- **Time invested in movement counts as reportable service!**
- **Funds raised will support California Lions Clubs service projects through grants provided by the California Lions Foundation. Donations are tax-deductible to the extent permitted by federal law.**
- [Move Be-Cause Campaign | CA Lions Clubhouse](#)

A great service project doesn't have to be complicated. **Identify a local need, find a community partner, invite the public to participate, and tell the story of your service.** Diabetes awareness can open the door to healthier lives—and introduce more people to the work of Lions.

Be a part of the story- visit your favorite cause socials at:

[Service Projects | CA Lions Clubhouse](#)

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